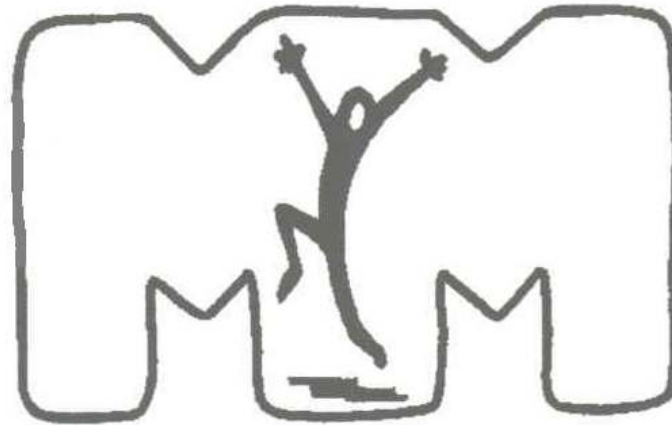


# MAINELY MEN 57

May 14-16, 2010



## The Magic in Listening to Others

*Celebrating the Community  
of men for over 28 years*

Mainely Men has held semi-annual men’s conferences since May 1982. Through workshops, discussion groups, activities and play, we explore the traditional and changing views of masculinity as well as other issues we face as men. Mainely Men strives to provide a safe and open environment where men can make new friends, share experiences, develop trust, and gain a better awareness and understanding of ourselves and others. At Mainely Men you can laugh, cry, work, play, nurture and be nurtured, heal and be healed, teach and be taught, expand your limits and take risks; a place to recognize and celebrate our diversity as men and our uniqueness as individuals in a supportive atmosphere.

### Mainely Men 57 Conference Times

Friday May 14th, 6 pm –Sunday May 16th, 2 pm

You are welcome to arrive on Friday anytime after 3 pm

**Facilities:** Pilgrim Lodge offers a beautiful, secluded and rustic 100-acre setting on Lake Cobbosseecontee. Cabins sleeping 6-12 people extend along a boardwalk by the lakeshore on either side of the main lodge. They have screened porches, bunks with mattresses, a woodstove, a toilet, sink and shower. The main lodge has a large meeting room with a wood stove and piano, dining hall, kitchen and office. There are hiking trails, volleyball, basketball, ping-pong, canoeing and swimming. Pilgrim Lodge in not totally barrier free.

### Contacts for Mainely Men:

Board Member: Don Chimera- 207.622.9164

Board Member: Tor Smith– 413.549.0021

Board Member: Rudy Narvaez-207.838.0886

Board Member: Vincent Dufort-207.646.6587

Board Member & Pinky: Carl Albright – 207. 882.6765

Registrar: Guy Cousins – 207.737.4108

Treasurers: Jack Weinstein- 207.285. 3692

Joe Minott- 207.443.9596

MAINELY MEN  
247 NEW ROAD  
RICHMOND ME 04357

NON-PROFIT ORGANIZATION  
U.S. POSTAGE PAID  
RICHMOND, ME 04357  
PERMIT # 2

Visit us at our website: [www.mainelymen.org](http://www.mainelymen.org)

**What to Bring:** Warm sleeping bag or bedding, a pillow, warm clothing, toilet articles, towels, swimwear, musical instruments, sheet music (there is a piano), tapes & CD's, material related to men's issues, other items of interest to share.

**What not to Bring:** Alcohol, drugs, animals or children. We are not able to provide child care. We hope this brochure reaches you early enough so that you may make suitable arrangements.

**Registration:** Enrollment is on a first come, first served basis. You are encouraged to complete the registration & mail it with your fees as soon as possible to assist us in our planning. Conference fees cover the cost of everything we do. Each participant is also responsible for two work details (food prep, fire wood fetching, clean-up). Sign up sheets are posted at check-in. If you cannot attend the entire weekend, contact the Registrar to discuss what options exist for you.

**Schedule:** An overview of the weekend's schedule will be posted on the website prior to the conference. A schedule will be posted at the gathering.

**Workshops:** All workshops are led by MM participants and we encourage the involvement of any participant as a facilitator. If you would like to lead a workshop, please indicate on the registration form with a short description. If there is a workshop you would like to have offered, but don't want to lead it, indicate that and we'll see what we can do.

In addition to scheduled workshops, there are always opportunities to create affinity groups (meet where ever/when ever you like discussion groups about a particular topic like 12-step, male survivors of abuse, divorced dads, etc). A sampling of a few of the workshops being offered at the upcoming retreat can be found on the MM website.

**Opening/Closing Circle:** Opening Circle is an opportunity for participants to introduce themselves: who they are, why they're here, their goals, issues of importance, etc. Closing Circle is a time to share what the weekend has meant to you, what you've experienced and/or learned, and for closure.

*Be gentle with each other; challenge ideas, not people. Respect others and expect it in return. Try to remember that all of us hurt in ways not always readily apparent to others or even ourselves*

**Meals:** Vegetarian style meals are served starting with a meal on Friday evening at approximately 630 pm through Sunday lunch.

**Community Meeting:** On Saturday afternoon, there will be a community meeting for all men attending the gathering. The meeting will be geared toward helping men understanding the workings of MM as an organization and eliciting help in its on-going growth.

**Entertainment:** Saturday evening we hold our "Cultural Event". You may perform/entertain with song, dance, storytelling, skits, poetry reading, etc. If you've never performed, and have wanted to, here's your chance. You are not likely to have a more receptive, appreciative and supportive audience. A great opportunity to put yourself out there.

**Music Jam/Dance:** Right after the Cultural Event, we create space for the musically inclined to come and jam until their hands fall off. There is music and space for those who like to dance and move.

**Spiritual Workshop:** On Sunday morning there is a non-denominational gathering in which men are invited to participate in a collective spiritual gathering.

**MM Website:** Please consult the MM website for updates to the weekend at [www.mainelymen.org](http://www.mainelymen.org)

**Attendance Fees for MM 57 are as follows:**

Annual income under \$20,000.....	\$75.00
20,000-30,000 .....	\$100.00
30,000-or more.....	\$150.00
Saturday festivities only:.....	\$30.00

**Special Feature for First Timer MM Attendees**

50% off your registration if this is your first time attending Mainely Men. Contact the Registrar for more information. A member of Mainely Men will be available to assist you during your first weekend attending MM.

**REGISTRATION FORM** (make a copy & give to a friend)  
Please return this form with your fee (checks payable to **Mainely Men**).

Name _____
Address _____
City _____ State _____ Zip _____ Phone _____
email _____

I am enclosing my fee \$ \_\_\_\_\_. I would also like to make a donation of \$\_\_\_\_\_ to the Dodd Roberts Memorial Fund to help defray the cost for others. MM is a 503C non-profit organization. Your participation is importance to us. **Scholarships are available. Inquire with the Registrar when registering in advance.**

**Refund Policy:** Your conference fee will be refunded, if we receive notice at least 7 days prior to the event. After that time a \$25 handling fee will be charged.

*"By my signature on this application, I agree to assume all responsibility for all risk of damage or injury that may occur to me as a participant in this event. In consideration of being accepted as a participant in this event, I hereby, for myself, my heirs, executors and administrators, release and discharge Mainely Men, Pilgrim Lodge, and all persons associated with this events from all claims, damages, causes of action, present or future, known or unknown, anticipated or unanticipated, which result from or arise out of, or are incident to, my participation in this event."*

Signature \_\_\_\_\_ Date \_\_\_/\_\_\_/\_\_\_

**Needs check list:**

- I need a ride to MM
- I can take \_\_\_\_\_ riders to MM
- Special medical/safety needs \_\_\_\_\_
- I'm interesting in doing a workshop \_\_\_\_\_

**Mail completed form & check to:**

**Mainely Men**  
**247 New Road,**  
**Richmond, ME 04357**